
Endoscopic Browlift Consent

Patient Name

Date

This is an informed consent document that has been prepared to help inform you of browlift surgery, its risks, as well as alternative treatments.

It is important that you read this information carefully and completely. Please read each page and sign the consent for surgery.

Introduction:

The forehead and eyebrow region often show noticeable signs of aging. Looseness in these structures may cause dropping eyebrows, eyelid hooding, forehead furrows, and grown lines. In browlift surgery, the structures responsible for these problems are tightened or altered to smooth the forehead, raise the upper eyebrows, and improve frown lines. A browlift may be performed alone, or in conjunction with other procedures, such as a facelift, or eyelid surgery.

Recent advances in Browlift surgery make it possible to perform the procedure through a variety of approaches, including endoscopy. Browlift surgery is individualized for each patient. The surgical incisions used may vary with the technique selected by your surgeon to meet your needs. The browlift cannot stop the process of aging.

Alternative Treatments:

Alternative forms of treatment consist of not treating the laxness in the forehead and upper eyebrow region by a browlift surgery. Improvement of skin looseness and skin wrinkles may be accomplished by other treatments of surgery. Risks and potential complications are associated with alternative forms of treatment or surgery.

Risks of Browlift Surgery:

Every surgical procedure involves a certain amount of risk and it is important that you understand the risks involved with browlift surgery. An individual's choice to undergo a surgical procedure is based on the comparison of the risk to potential benefit. Although the majority of patients do not experience the following complications, you should discuss each of them with you surgeon to make sure you understand all possible consequences of browlift surgery.

- 1) **Bleeding** - It is possible, though unusual, to experience a bleeding episode during or after surgery. Should post-operative bleeding occur, it may require emergency treatment to drain accumulated blood. Do not take any aspirin or anti-inflammatory medications for two weeks before the surgery, as this may increase the risks of bleeding. Accumulations of blood under the skin may delay healing and cause scarring.
- 2) **Infection** - Infection is unusual after this type of surgery. Should an infection occur, treatment including antibiotics or additional surgery may be necessary.
- 3) **Changes in Skin Sensation** - Diminished (or loss) of skin sensation in the face and scalp area may not totally resolve after browlift surgery. Chronic itching sensations can occur within the scalp and brow following a browlift.
- 4) **Skin Contour Irregularities** - Contour irregularities, depressions, and wrinkling of skin may occur after a browlift.
- 5) **Skin Scarring** - Excessive scarring is uncommon. In rare cases, abnormal scars may result. Scars may be unattractive and of different color than surrounding skin. There is the possibility of visible marks from sutures, staples, or hardware used during a browlift. Additional treatments including surgery may be necessary to treat abnormal scarring.
- 6) **Nerve Injury** - There is the potential for injury to both motor and sensory nerves during a browlift procedure. Weakness or loss in movements of the forehead or upper eyebrow may occur after surgery. Most individuals will notice a return of motor function; permanent weakness is rare. Injury may also occur in the sensory nerves of the forehead, scalp, and temple regions. Diminished sensation may normally occur in

the scalp region after a browlift surgery. Permanent numbness or painful nerve scarring is rare.

- 7) **Damage to Deeper Structures** - Deeper structures such as the eye, nerves, blood vessels, skull bone, and muscles may be damaged during the course of surgery. The potential for this to occur varies with the type of browlift surgical technique performed.
- 8) **Asymmetry** - The human face is normally asymmetrical. There can be a variation from one side to the other in the results obtained from a browlift procedure.
- 9) **Delayed Healing** - Wound disruption or delayed wound healing is possible. Some areas of the brow and scalp may heal abnormally and slowly. Some areas of skin may die, requiring frequent dressing changes or further surgery to remove the non-healed tissue. **Smokers have a greater risk of skin loss and wound healing complications.**
- 10) **Allergic Reactions** - In rare cases, local allergies to tape, suture material, or topical preparations have been reported. Systemic reactions, which are more serious, may result from drugs used during surgery and prescription medicines. Allergic reactions may require additional treatment.
- 11) **Seroma** - Fluid accumulations infrequently occur beneath the skin. Should this problem occur, it might require additional procedures for drainage of the fluid.
- 12) **Long-Term Affects** - Subsequent alternations in forehead and upper eyebrow appearance may occur as the result of aging, weight loss or gain, sun exposure, or other circumstances not related to browlift surgery. Browlift surgery does not arrest the aging process or produce permanent tightening of the forehead. Additional surgery or other treatments may be necessary to maintain the results of a browlift procedure.
- 13) **Eye Irritation** - Irritation or dryness in the eyes may occur after a browlift or when the patient has eyelid surgery performed at the same time.
- 14) **Hair Loss** - Hair loss may occur within the scalp or surgical incisions. The occurrence of this is not predictable. Hair loss may resolve slowly or in rare cases be permanent.
- 15) **Pain** - Very infrequently, chronic pain may occur after a browlift.
- 16) **Hardware and Deeper Sutures** - Some surgical techniques use small screws or permanent deep sutures to help suspend brow structures. In very unusual circumstances, a screw could penetrate through the skull. Intracranial injury is very rare, but not impossible. If this occurs, additional treatment may be necessary. It may be necessary to remove hardware or deeper sutures at a later time.
- 17) **Eyelid Disorders** - Disorders that involve abnormal position of the upper eyelids (eyelid drooping), loose eyelid skin, or abnormal laxness of the lower lid can coexist with sagging forehead and eyebrow structures. Browlift surgery will not correct these disorders.
- 18) **Additional Surgery** - There are many variable conditions, which influence the long-term result of browlift surgery. Even though risks and complications occur infrequently, the risks cited are the ones that are particularly associated with these procedures. Other complications and risks can occur but are even rarer. Should complications occur, additional surgery or other treatments may be necessary. The practice of medicine and surgery is not an exact science. Although good results are expected, there is no guarantee or warranty expressed or implied on the results that may be obtained.

I have read and understand the above paragraphs and realize that endoscopic browlift surgery carries with it certain serious risks. All my questions regarding this consent have been answered fully and to my satisfaction, and I fully understand the risks involved. I also state that I read, speak, and write English.

Patients or Legal Guardian's Signature

Date

Witness' Signature

Date

Doctor's Signature

Date