
Bedside Items Needed

Below is a list of items that will help you feel more comfortable during your recovery:

- Several pillows (for raising your head)
- An old quilt/blanket as well as old sheets and pillowcases. Because these items can easily soil, bedding should be able to take bleach.
- Small wastebasket.
- Alarm clock with easy to read face (preferably one that lights up at night to accommodate middle of the night dressing and icepack changes or medication times).
- Lip balm.
- Tylenol.
- Sun block.
- Gauze pads.
- Multiple soft cotton towel for self-care.
- Earplugs for resting if you are in a noisy environment.
- Artificial tears to moisten eyes which tend to get irritated.
- Handi-wipes, tissues, paper towels.
- Ice packs/gel packs.
- Small hard candies to sooth dry, parched mouth.
- Breathe freshener.
- Lotion for hands and feet- skin tends to dry when you are home and bed bound.